



A harmonious approach to care.

Constable Memory Care Sensory Program

When caring for someone with memory or cognitive impairment, there are considerable benefits in sensory programming that involve the sense of touch, smell, and a familiar purpose. Many seniors with dementia often experience feelings of anxiety, agitation, or anger. Offering programming that is familiar to their past such as a hobby or career can help keep guests relaxed.

Caretel Inns Brighton completes a personalized "My Song" questionnaire with new guests and their family to gather valuable background about the guest such as family, job history, hobbies, and preferences. This background allows the care team to individualize their care, programming, and better know the guest they are assisting. It also provides helpful talking points and can assist in keeping the guest relaxed.



Caretel Inns Brighton's Constable Memory Care Inn

offers a sensory lounge to provide our guests with purposeful programming in a calming environment.

The Sensory Lounge Includes:

- Office desk for the former business professional
- Childcare station for the parent
- Tactile touch boards for mood enhancement, cognition, and relaxation
- Calming nature sounds and music
- Light projector imitating the nighttime sky with calming colors
- Aromatherapy
- Bread maker
- Fireplace
- Enclosed outdoor space
- Additions can be added based on preferences uncovered from the "My Song" questionnaire

